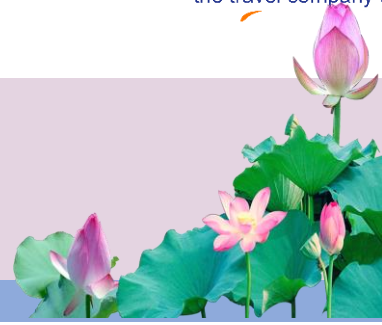


LOTUS TOUR

MIX OF CULTURE AND NATURE
(6 NIGHTS 7 DAYS)



DAY 01 COLOMBO AIRPORT / NEGOMBO

- Arrival at Colombo airport by flight UL 455 at 1725 HRS.
- Meeting, assistant and transfer to Negombo.
- Dinner and overnight at Goldi Sands Hotel, Negombo.
- Hotel Website: <https://www.goldisands.com/>

DAY 02 NEGOMBO / ANURADHAPURA

- After breakfast leave for Anuradhapura.
- Check in to hotel. Rajarata Hotel, Anuradhapura.
- Lunch at hotel.
- Afternoon city tour of Anuradhapura.

Anuradhapura City

Anuradhapura is the 1st ancient capital of Sri Lanka and sacred to Buddhists. Visit the sacred Bo tree the sampling brought from North India under which Buddha attained illumination. The Brazen Palace with its 1600 granite columns, the Ruwanveliseya. The ruins of the Abhayagiri and Jetavanarama monasteries, the Samadhi Buddha statue and the twin ponds.

Sri Maha Bodhi

Jaya Sri Maha Bodhi is a Sacred Fig Tree in Anuradhapura, Sri Lanka. It is said to be the southern branch from the historical Bodhitree Sri Maha Bodhi at Buddhagaya in India under which Lord Buddha attained enlightenment. It was planted in 249 BC, and is the oldest living human planted tree in the world with a known planting date. Today it is one of the most sacred relics of the Buddhists in Sri Lanka and respected by Buddhists all over the world.



Isurumuniya temple

The Isurumuniya Viharaya is situated close to the Tisa Wewa was constructed during the reign of Devanampiya Tissa who governed in Anuradhapura, the country's capital. Its stone carvings most famous for one known as the "Isurumuniya Lovers".



Ruwanveliseya

Ruwanvelisaya Stupa is one of the largest stupas located in the center of Anuradhapura heritage city. Ruwanwelisaya was built by King Dutugemunu, who was considered the hero of the island. The Ruwanwelisaya Stupa is also known as the Great Stupa and is one of the most beautiful structures of the Sri Lankan people.



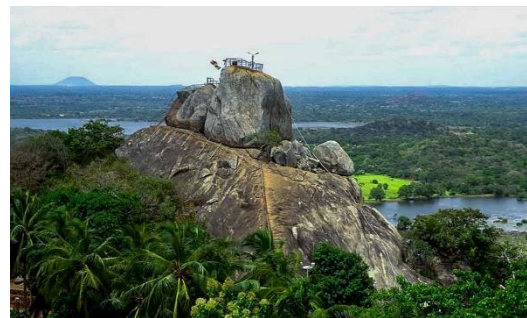
- Dinner and overnight at Rajarata Hotel, Anuradhapura.
- Hotel Website: <https://rajaratahotel.lk/>

DAY 03 ANURADHAPURA / MIHINTALE / SIGIRIYA / MINNERIYA / SIGIRIYA

- After breakfast visit Mihintale Rock Temple.

Mihintale Rock Temple

Mihintale is a mountain peak near Anuradhapura in Sri Lanka. It is believed by Sri Lankans to be the site of a meeting between the Buddhist monk Mahinda and King Devanampiyatissa which inaugurated the presence of Buddhism in Sri Lanka. A grand stairway of 1840 steps of granite slabs lead to the summit. The dining hall of the Buddhist monastery and the rock, pillar and slab inscriptions bear testimony to the Buddhist civilization of that era.



- Proceed to Sigiriya. Check in to Aliya Resort and Spa, Sigiriya.
- Afternoon Safari by Jeep at Minneriya National Park.

Minneriya National Park

Minneriya National Park affords the opportunity to sight herds of Elephants throughout the year. During the year up to 300 elephants are seen at the 8,890-hectare park within a few square kilometres of the Minneriya Reservoir. In August and September each year during the dry season, wild elephants from the surrounding wilderness in search of food and water, makes their way to the shores of the Minneriya Reservoir adjoining the Minneriya National Park.



- Dinner and overnight at Amaya Lake, Dambulla.
- Hotel Website <https://www.amayaresorts.com/amayalake/offers/enjoy-a-night-on-us/>

DAY 04 SIGIRIYA / POLONNARUWA / SIGIRIYA

- After breakfast visit Sigiriya Rock Fortress.

Sigiriya Rock Fortress

Sigiriya is one of the most valuable historical monuments of Sri Lanka. Referred by locals as the Eighth Wonder of the World this ancient palace and fortress complex has significant archaeological importance and attracts thousands of tourists every year. Sigiriya rock, the 'Rock Fortress in the sky' built in the 5th century AD by the parricide king Kasyappa. The archaeological findings bear testimony to a well-developed urban planning, architecture, gardening, engineering, hydraulic technology and art. 'The celestial ladies' of Sigiriya, the mirror walls and the lion's stair way bear testimony to the splendor of a bygone era. Sigiriya has been declared a world heritage by UNESCO.



- Proceed to Polonnaruwa. Lunch at local restaurant.
- Afternoon city tour of Polonnaruwa. (2nd ancient capital of Sri Lanka)

Polonnaruwa

Polonnaruwa is the 2nd ancient capital of Sri Lanka of the 11th century. It comprises, besides the Brahmanic monuments built by the Cholas, the monumental ruins of the fabulous garden-city created by Parakramabahu in the 12th century. On arrival at the city visit the modern archaeological museum followed by Royal palace of King Prarakrama Bahu the Great. The quadrangle of temples with its Thuparamaya, the Circular Temple (The Vatadage) the ancient temples of the sacred tooth relic and the Sath Mahal Prasadaya. The famous Gal Vihara with its colossal Buddha statues carved on monolithic granite.



- Return to Sigiriya.
- Dinner and overnight at Amaya Lake, Dambulla.

DAY 05 SIGIRIYA / DAMBULLA / MATALE / KANDY

- After breakfast leave for Kandy.
- En route visit Dambulla Cave Temple.

Dambulla Cave Temple

Dambulla rock temple dating back to the 1st Century BC. Which served as the refuge to King Valagambahu of Anuradhapura in 1st Century BC. The five grotto shrines contain numerous images of Buddha and guardian deities. The frescoes on the walls and ceilings date back to the Kandyan period. view from top of the rock is breath-taking.



- Visit Spice Garden Matale.

Spice garden

Visit the spice gardens in Matale where you could get an insight to the different spices for which Sri Lanka was well known. Enjoy 15 Min. Complementary Spa & Massage Treatment from spice garden.

- Lunch at local restaurant.
- Check in to hotel. The Golden Crown Hotel, Kandy.
- Evening view a cultural dance show and visit Sri Daladha Maligawa. (The Temple of Sacred Tooth Relic of Lord Buddha)



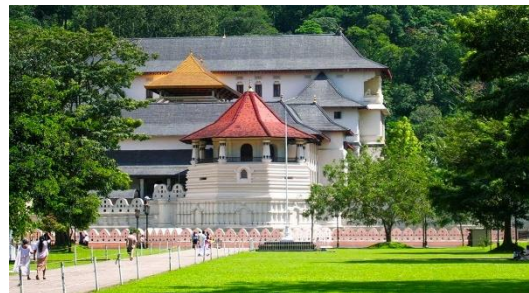
The Kandy Cultural Dance show

The Kandy Cultural Dance show is a stimulating Sri Lankan art, dance & cultural heritage show that is must see for any visitor who visits the historic city of Kandy. It has become a tourist attraction for many people visiting the country and keen on a glimpse of its rich cultural heritage.



Temple of the Tooth

Kandy is a major city in Sri Lanka, located in the Central Province, Sri Lanka. Kandy is the home of The Temple of the Tooth Relic (Sri Dalada Maligawa), one of the most sacred places of worship in the Buddhist world. It was declared a world heritage site by UNESCO in 1988. The Temple of the Tooth, where the Lord Buddha's tooth is enshrined and worshipped, occupies a place of pride and devotion.



- Dinner and overnight at The Golden Crown Hotel, Kandy.
- Hotel Website: <https://www.thegoldencrownhotel.com/>

DAY 06 KANDY / PINNAWALA / COLOMBO

- After breakfast leave for Colombo.
- City tour of Kandy.

City Tour of Kandy

In the afternoon city tour of Kandy. Kandy is the center of Sinhalese culture and Buddhism in Sri Lanka. The lake of Kandy adds charm and serenity to the ancient royal city. From the Upper Lake drive the visitor could enjoy a bird's view of the city of Kandy. Thereafter visit the Temple of the Tooth, where the sacred Tooth Relic of Buddha is enshrined and venerated. The Dalada maligawa, the Temple of the sacred tooth relic occupies a place of pride and devotion.



- Visit Peradeniya and visit Royal Botanical Garden, Peradeniya.

Peradeniya Botanical Garden

Visit the Royal Botanical Gardens at Peradeniya. Initiated in 1816 by the British, today it is famous for its collection of plants from all over the world, the avenue of the spices and of the Royal Palm Trees and still more for its fabulous collection of orchids.



- Lunch at local restaurant. Proceed to Colombo.
- En route visit Pinnawala & visit Pinnawala Elephant Orphanage.

Pinnawala

House the abandoned and the wounded, the orphanage has grown to be a big family today. A unique experience never to be missed. Pinnawala Initiated in 1975 by the state zoological department with a few orphaned baby elephants today has developed into a major tourist attraction. The baby elephants are bottle-fed with milk and the hard numbering over 60 are driven to the nearby river Maha Oya for a refreshing river bath. It is a delight to watch them bathing in the water.



- Dinner and overnight at Granbell Hotel, Colombo.
- Hotel Website: <https://granbellhotel.lk/>

DAY 07 COLOMBO / AIRPORT

- After breakfast city tour of Colombo. Including visit Gangarama Temple.

Colombo City Tour

Visit Colombo Fort, the old administrative and business centre where the leading banks are housed. Pettah, the oriental bazaar, the street of the gold smiths, Slave Island with its Sri Murugan Hindu Temple, Colombo Town Hall and Viharamahadevi Park. Visit Colombo 07 also known as the Cinnamon gardens where the affluent of Colombo society reside. Drive past the independence square, BMICH the International conference hall. Visit ODEL the shopping paradise for good bargains on renowned labels.



Gangarama Temple

Gangaramaya is one of the oldest Buddhist temples in Colombo, Sri Lanka. It is not only one of the Buddhist temples but also one of the most iconic beautiful temples in Sri Lanka.



- Lunch at Chinese Restaurant.
- Transfer to airport for departure by flight UL 454 at 1915 hours.

07 DAYS / 06 NIGHTS TOUR

DAY 1	NARITA/COLOMBO AIRPORT/ NEGOMBO	Hotel	D
DAY 2	NEGOMBO / ANURADHAPURA	Hotel	B/D
DAY 3	ANURADHAPURA / MIHINTALE / SIGIRIYA / MINNERIYA / SIGIRIYA	Hotel	B/D
DAY 4	SIGIRIYA / POLONNARUWA / SIGIRIYA	Hotel	B/D
DAY 5	SIGIRIYA / DAMBULLA / MATALE / KANDY	Hotel	B/D
DAY 6	KANDY / PINNAWALA / COLOMBO	Hotel	B/D
DAY 7	COLOMBO/ AIRPORT		

BREAKFAST / L-LUNCH / D-DINNER

RATE INCLUDE

ACCOMMODATION	HOTEL ON SHARING BASIS FOR 6 NIGHTS
TRANSPORT	A/C DELUXE VEHICAL DEPENDIG ON NUMBER OF FAX
MEALS	AS SPECIFIED ABOVE
GUIDE	JAPANESE SPEAKING LOCAL TOUR GUIDE
MISCELLANNEOUS	ENTRANCE FEES AS PER PROGRSMME

RATE EXCLUDE

MISCELLANNEOUS	ENTRANCE FEES AS PER PROGRAMME
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HOTELS USED ARE AS UNDER OR EQUIVALANT

PLACE	HOTEL	ROOM
NEGOMBO	GOLDI SANDS HOTEL https://www.goldisands.com/	DELUXE NEW WING
ANURADHAPURA.	RAJARATA HOTEL, https://rajaratahotel.lk/	DELUXE
DAMBULLA	AMAYA LAKE https://www.amayaresorts.com/amayalake/offers/enjoy-a-night-on-us/	DELUXE
KANDY	THE GOLDEN CROWN HOTEL, KANDY https://www.thegoldencrownhotel.com/	DELUXE
COLOMBO	GRANBELL HOTEL https://granbellhotel.lk/	STANDERD DELUXE SEA VIEW